



# LAKE PLACID



**USA Nordic National Championships and Olympic Youth Games Qualifier**  
**October 10<sup>th</sup>-11<sup>th</sup> 2023**  
**Lake Placid, NY**

The Olympic Regional Development Authority asks that athletes and coaches “Save the Date” for USA Nordic National Championships on October 10<sup>th</sup> and 11<sup>th</sup> 2023, in Lake Placid, NY. The competitions will be held in compliance with [International Competition Rules](#). The Team Captain’s meeting will be held on Monday October 9<sup>th</sup> at the Olympic Ski Jumping Complex.

## **Competitions**

Men’s and Women’s Ski Jumping

Men’s and Women’s Nordic Combined

## **Organizing Committee**

Organizing Committee Chairman	<b>Jeremy Freeman</b>
Vice Chairperson	<b>Laura Ferranti</b>
Venue Manager	<b>Rebecca Dayton</b>
Operations Manager	<b>Nick Zachara</b>
Director of Communications	<b>Darcy Norfolk</b>
Marketing Manager	<b>Brandee Reiley</b>

## **Officials**

Technical Delegate (TD)	<b>Jarrett Moe</b>
Technical Delegate Assistant (TDA)	<b>Lindsey Van</b>
Chief of Competition	<b>Keith Hansen</b>
Assistant Chief of Competition	<b>Evan Bliss</b>
Race Secretary	<b>Jennifer Mott</b>
Race Administrator	<b>Catherine Leist</b>
Chief of Medical	<b>Deb Pica</b>



NEW YORK STATE  
**OLYMPIC REGIONAL  
DEVELOPMENT AUTHORITY**  
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## Judges:

Steve Sydow

Matthew Keuler

Mark Levasseur

Martina Lussi

Jay Rand

## Travel & Transportation

Each team is responsible for making their own flight arrangements. The recommended airports are Montréal-Pierre Elliott Trudeau International Airport (YUL) for international arrival, or Albany International Airport (ALB) for domestic arrival. Teams are responsible for their own transportation.

## Training

For Teams who are arriving **prior to Monday**, October 9<sup>th</sup>, there will be Open Training available on Friday October 6<sup>th</sup> and Saturday October 7<sup>th</sup> on the HS100, and Sunday, October 8<sup>th</sup> on the HS100 and HS128. *Times will be announced shortly.*

**Open training for the HS100 and HS128 will be available Monday, October 9<sup>th</sup>** from 10:00-12:00 at the Olympic Jumping Complex. Official training for the HS128 will occur on Tuesday, October 10<sup>th</sup> from 13:00-15:00am. Official Training for Nordic Combined will take place on Tuesday, October 10<sup>th</sup> from 10:00-12:00 at Mt Van Hoevenberg. Official Training for the HS100 will take place on Wednesday October 11<sup>th</sup> from 8:00-9:30am.

## Lodging

Teams may arrange lodging at one of the many local hotels and accommodations within a short distance of the Olympic Jumping Complex. For questions or suggested accommodations, please feel free to email [cleist@orda.org](mailto:cleist@orda.org).

## Wax Cabins and Trailers

The Olympic Jumping Complex will have changing trailers for Men and Women and a shared waxing room for ski preparation. Wax cabins will also be available at the Nordic venue (Mt Van Hoevenberg) for general race preparation. Wax Cabin Keys will be available in the Race Office located on the 2<sup>nd</sup> floor of the staging building.



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## Team Check-In

**Monday, October 9<sup>th</sup> 2023**, Teams will be required to check-in beginning at 9:00am in the Race Office. Failure to report to check-in may inhibit the team's use of the venue spaces. The ski jumping competition office will be located on the second floor of the Jumping Complex Staging building. The Race Office at Mt. Van Hoevenberg will be located on the 2<sup>nd</sup> floor of the Baselodge.

## COVID Policy

Competition participants will be required to follow the latest USANS COVID policies, linked here: [COVID policy](#).

## Prize Money

Prize Money will be distributed in cash to the 1<sup>st</sup>-3<sup>rd</sup> winners of each category of USA Nordic Nationals. Prize Money can be signed for and collected in the designated Race Office following award ceremonies. At OJC, this will be on the 2<sup>nd</sup> floor of the Staging Building and at MVH, this will be on the 2<sup>nd</sup> floor of the Baselodge.

## Locations and Addresses

### Olympic Jumping Complex

5486 Cascade Rd, Lake Placid, NY 12946

### Mt VanHoevenberg- Olympic Sport Complex

31 Van Hoevenberg Way, Lake Placid, NY 12946

## Resources in Lake Placid

### Pharmacy

- Kinney Drugs [Kinney Drugs Location and Hours](#)
- Walgreen's [Walgreen's Location and Hours](#)

### Clothing

- Marshalls [Marshalls Location and Hours](#)
- EMS (Eastern Mountain Sports) [EMS Location and Hours](#)

### General/Grocery

- Hannaford's [Hannaford's Location and Hours](#)
- Price Chopper [Price Chopper Location and Hours](#)



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## *Spas and Massage Therapy Facilities*

- *Mirror Lake Inn* [Mirror Lake Inn and Spa](#)
- *Adirondack Foot Sanctuary* [ADK Foot Sanctuary](#)
- *Whiteface Lodge Spa* [Whiteface Lodge](#)

## **Contacts at the LOC**

General Questions or Inquiries- [events@orda.org](mailto:events@orda.org)

Catherine Leist, Event Manager - [cleist@orda.org](mailto:cleist@orda.org) or +15185244258



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## USA Nordic National Championships & Youth Olympic Game Qualifier

### **Monday, 9 October**

10:00-12:00 Open Training HS100 & HS128

13:00-15:00 Open Training NCB at Mt Van Hoevenberg

16:00-17:00 Team Captain's Meeting 2<sup>nd</sup> Floor Intervals Lodge

### **Tuesday, 10 October**

9:00-11:30 Official Training HS128

13:00-13:40 Trial Round HS128

13:40- 13:55 (15min)

13:55-14:35 First Round HS 128

15:35-15:55 (20min)

15:55-16:35 Final Round HS128

*16:40-16:50 Flower Ceremony Outrun of the HS128*

*16:55 Awards Outrun of the HS128*

***(Timing, Scoring and Sound Reset to the HS100 17:00)***

17:00-18:30 Official Training NCB at Mt Van Hoevenberg

### **Wednesday, 11 October**

8:00-9:30 Official Training HS100

9:35-10:20 Trial Round HS100

10:20-10:35 (15min)

10:35- 11:20 First Round HS100

11:20-11:40 (20min)

11:40-12:25 Final Round HS100

*12:30-12:35 Flower Ceremony Outrun of the HS100*



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## Wednesday Continued...

12:45-13:00 Awards Outrun of the HS100

13:35-14:00 YOG Trial Round HS100

14:00-14:15 (15min)

14:15-14:40 YOG First Round HS100

14:40- 15:00 (20min)

15:00-15:25 YOG Final Round HS100

15:25- 15:30 YOG Flower Ceremony

**(15:30-17:00 Transition to Mt Van Hoevenberg for NCB Races)**

17:00-17:30 5km XC NC Race Men & Women/YOG

17:30-17:55 10km XC NC Race Men

18:00 Awards MVH Awards Plaza



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**WhatsApp Group for Competition-** Please join the WhatsApp Group below via. QR Code for Competition updates and alerts.



**USA Nordic Nationals and Youth  
Olympic Trials Lake Placid**  
WhatsApp group



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