

## Contact information

| Organiser contact information |   |
|-------------------------------|---|
| Phone                         | General: <a href="tel:004790901015">0047 90901015</a> , Mobile: <a href="tel:004790901015">004790901015</a>   |
| E-mail                        | General: <a href="mailto:ola.forberg@gmail.com">ola.forberg@gmail.com</a> , Entries: <a href="mailto:geir@bluesfest.no">geir@bluesfest.no</a> , Accommodation: <a href="mailto:geir@bluesfest.no">geir@bluesfest.no</a> |
| Address                       | Heddal IL, v/ Geir Olaf Oterholt, Notodden, 3671 Notodden, Notodden   |
| Website                       | <a href="http://www.heddalhopp.no">http://www.heddalhopp.no</a>   |

| Offices and their opening hours |  | Officials                     |  |
|---------------------------------|--|-------------------------------|--|
| <b>Race office</b>              | 18.00-20.00<br>Ski Jumping Hill(Wednesday) | <b>FIS Technical Delegate</b> | Alexander Diess (AUT)<br>Samo Gostisa (SLO)  |
| <b>OC Office</b>                | 18.00-20.00<br>Ski Jumping Hill(Wednesday) | <b>Chief of Competition</b>   | Haakon Hartvedt (NOR)<br><a href="tel:+4791691354">+4791691354</a><br><a href="mailto:haakonhartvedt@gmail.com">haakonhartvedt@gmail.com</a> |
| <b>Race office</b>              | 16.00-22.00<br>Ski Jumping Hill (Thursday) | <b>Accommodation</b>          | Geir Olaf Oterholt (NOR)<br><a href="tel:+4790901015">+4790901015</a><br><a href="mailto:geir@bluesfest.no">geir@bluesfest.no</a>            |
| <b>OC Office</b>                | 16.00-22.00<br>Ski Jumping Hill(Thursday)  | <b>Transportation</b>         | Geir Olaf Oterholt (NOR)<br><a href="tel:+4790901015">+4790901015</a><br><a href="mailto:geir@bluesfest.no">geir@bluesfest.no</a>            |
| <b>Race office</b>              | 10.00-21.00<br>Ski Jumping Hill(Friday)    | <b>Finances</b>               | Ivar Kvernstuen<br><a href="tel:+4795703271">+4795703271</a><br><a href="mailto:ivar.kvernstuen@nenett.no">ivar.kvernstuen@nenett.no</a>     |
| <b>OC Office</b>                | 10.00-21.00<br>Ski Jumping Hill(Friday)    |                               |  |
| <b>Race office</b>              | 09.00-15.00<br>Ski Jumping Hill(Saturday)  |                               |  |
| <b>OC Office</b>                | 09.00-15.00<br>Ski Jumping Hill(Saturday)  |                               |  |

## Event schedule

| Event schedule (LOC times) |                        |                                      |                         |
|----------------------------|------------------------|--------------------------------------|-------------------------|
| 16.12.2021                 | Event                  | Location                             | Races                   |
| 16:00                      | Team Captains' Meeting | Notodden Hotel                       | 17 Dec - FC Men's NH    |
| 19:00                      | Training               | Ski Jumping Hill (Official Training) | 17 Dec - FC Men's NH    |
| 17.12.2021                 | Event                  | Location                             | Races                   |
| 09:30                      | Team Captains' Meeting | Notodden Hotel                       | 17 Dec - COC Women's NH |
| 11:30                      | Start Trial Round      | Ski Jumping Hill                     | 17 Dec - FC Men's NH    |
| 12:40                      | Competition start      | Ski Jumping JHill                    | 17 Dec - FC Men's NH    |
| 16:00                      | Training               | Ski Jumping Hill(Official Training)  | 17 Dec - COC Women's NH |
| 17:00                      | Start Trial Round      | Ski Jumping Hill                     | 17 Dec - COC Women's NH |
| 18:00                      | Competition start      | Ski Jumping Hill                     | 17 Dec - COC Women's NH |
| 18.12.2021                 | Event                  | Location                             | Races                   |
| 10:00                      | Start Trial Round      | Ski Jumping Hill                     | 18 Dec - COC Women's NH |
| 10:45                      | Competition start      | Ski Jumping Hill                     | 18 Dec - COC Women's NH |



# FIS Continental Cup Women/FIS Cup Men

Notodden (NOR)  
17.12.2021 - 18.12.2021



|       |                   |                  |                      |
|-------|-------------------|------------------|----------------------|
| 12:45 | Start Trial Round | Ski Jumping Hill | 18 Dec - FC Men's NH |
| 14:00 | Competition start | Ski Jumping Hill | 18 Dec - FC Men's NH |

## VENUE

Tveitanbakken Ski Jumping Hill in Notodden

<https://www.heddalhoff.no/hvor-ligger-tveitanbakken/>

## INFORMATION OFFICE

The Information office is located in the Hill

### Opening hours:

Wednesday 15 December 18:00 - 20:00

Thursday 16 December 16:00 - 22:00

Friday 17 December 10:00 – 21:00

Saturday 18 December 09:00 – 15:00

## RACE OFFICE:

The race office is located in the Ski Jumping Hill.

## BIBS:

Bibs for official training and the ski jumping competitions will be distributed one hour before the competition in the Race Office.

## WAXING FACILITIES:

You will find waxing cabins close to the Ski Jumping Hill - according to FIS rules.

## Entry Form:

Each Ski Association shall send its entry form by mail to the organizing committee:

**Email:** [geir@bluesfest.no](mailto:geir@bluesfest.no)

Use the Entry Form on FIS' website:

[https://res.cloudinary.com/fisproduction/raw/upload/v1536927543/fis\\_prod/assets/Entry\\_Form\\_Ski\\_Jumping.docx](https://res.cloudinary.com/fisproduction/raw/upload/v1536927543/fis_prod/assets/Entry_Form_Ski_Jumping.docx)

Entry form without the FIS Code will not be accepted.

## Closing time for entries:

Deadline for the entry is December 3rd . For entries arriving later than the deadline, the organizing committee cannot guarantee smooth travel and accommodation arrangements.

## Competition rules:

The FIS rules will apply. The number of participants must comply with official FIS competition rules and regulations.

## Insurance:

All competitors are to be insured by their own Ski Association and must have signed the Athletes Declaration. The Organizers have coverage for their own third party liability only. The Organizers will ask for Insurance documents and allow their right to keep the jumpers out of competition if they do not seem to be insured.



## Team Captain' Meeting Room:

COC Women:

Notodden Hotell

FIS Men:

Notodden Hotell

## Accommodation:

All booking according to COC Women will be arranged by the Organizing Committee. The women and FIS officials will stay at Notodden Hotell. Teams arrival Thursday 16 dec. 2021

Details with name, phone number, addresses etc. will be found on our website

**[www.heddalhopp.no](http://www.heddalhopp.no)**

FIS jumpers Men must book their own accommodation and arrange their transportation. See **[www.bohotell.no](http://www.bohotell.no)** . FIS Men book via online booking, and write **"HEDDAL BOOKING" in the note**. Then the hotel changes the price to the agreed price with Heddal IL in their system, and then everyone pay on departure.

## Payment of expenses:

The Organising Committee will cover the accommodation expenses for COC Women competitors and the foreign TD and judges according to the FIS COCJ rule 6.1.

(The quota is 4 competitors and 1 coach)

## Transportation for COC Women:

Train transfer from Oslo Airport Gardermoen to Kongsberg, and bus from Kongsberg to Notodden. Return with bus to Kongsberg, and Train to Oslo Airport Gardermoen. Bus will be provided by the Organizing Committee.

## Transport cost:

Price per person for Train and Bus transport organized of the OC from Oslo Airport to the hotel in Notodden and return is: NOK 500 / 50 Euro

The costs for transport must be paid to the OC in the OC Finance Office at the race office in the hill during the weekend.

Regarding transportation from the hotel to the jumping arena, the delegates will be informed at the hotel on Thursday and Friday evening. This is for COC Women.

## Doping control:

Doping control during the event may be carried out by our national antidoping organization. According to regulations, all participants shall be under an obligation to submit themselves to doping control.

## Cancellation:

The decision concerning cancellation will be taken according to FIS rules. You can read



about the decision on our website; [www.heddalhopp.no](http://www.heddalhopp.no)

## **Prize-money COC W and FC M:**

– divided by the first 6 athletes NSAs are responsible for entering the personal bank information for each athlete using the Athlete Registration module in the FIS Member Section

## **COVID 19**

Entry to Norway requires a EU/EEA approved Covid certificate (vaccinated or previously infected) or arrival from a country/area with low infection rates defined by the Norwegian authorities.

All other persons will be assigned a test slot and are subject to quarantine according to the Norwegian requirements at the date of the event. For the moment this demands antigen test every day for the first three days and then a PCR minimum 72 hours upon arrival.

For the first three days in Norway these persons also have to stay in single rooms and are subject to quarantine at all times except during training, competitions and other parts of the official program.

At the moment there are no specific restrictions for sport events or everyday life within Norway.

Please be aware that this may change before the date of the competition.

## **Price for testing:**

Antigen test at the arrival airport/border is for free.

For testing at the hotel: Antigen test: 50 Euros

PCR test before departure: 80 Euros (need to be booked in advance)