



Invitation

to

FIS Continental Cup Ski Jumping LILLEHAMMER, 12-13 December 2020

Dear Ski Friends!

We hereby invite all members of the International Ski Federation to participate in the FIS Continental Cup Ski Jumping in Lysgaardsbakkene Ski Jumping Hill, Lillehammer NOR.

Welcome to Lillehammer!

Kind regards,
Lillehammer Olympiapark AS / World Cup Nordic Skiing

A handwritten signature in black ink, appearing to read 'Roar Olsen'.

Roar Olsen
President Organising Committee

1. Competition Organisation, Technical Delegates, Judges

Kristian Brenden, Chief of Competition
Mika Jukkara, FIN – Technical Delegate
Malik Faustyna, POL– Assistant Technical Delegate

Judges:
Pekka Tervahartiala, FIN
Jørn Larsen, NOR
Martin Rønningen, NOR
Knut Børset, NOR
Tom Normann, NOR

2. Competition Program

Date	Format		
12 12 2020	FIS Continental Cup SJ men	HS 140	Lysgaardsbakkene SJ Hill
12 12 2020	FIS Continental Cup SJ women	HS 98	Lysgaardsbakkene SJ Hill
13 12 2020	FIS Continental Cup SJ men	HS 140	Lysgaardsbakkene SJ Hill
13 12 2020	FIS Continental Cup SJ women	HS 98	Lysgaardsbakkene SJ Hill

3. Event Program

Date	Team Captains' Meeting	Official Training / Trial round	FIS Continental Cup Competition	Other
Saturday 12/12/2020	Women and men 07 :00			Teams, online meeting
Saturday 14/09/2019		09 :30 Off Tr(1round)women 10 :15 Trial Round women 14 :00 Off Tr (1round)Men 14 :45 Trial Round men	11 :00 Continental cup women 15:30 Continental Cup men	Prize giving & Flower Ceremony in the Ski Jumping Hill
Sunday 15/09/2019		10:00 Trial Round men 14:00 Trial Round women	11 :00 Continental Cup men 15 :00 Continental Cup women	Prize giving & Flower Ceremony in the Ski Jumping Hill

DEADLINE - ENTRY : 10 november 2020

1. Contacts

Office	Name	Telephone	Email
Chief of OC	Roar Olsen	+4791170733	Roar.olsen@olympiaparken.no
Chief of Competition	Kristian Brenden	+47 41513879	kristiankvart@hotmail.com

Assistant Chief of Competition	Robert Selbekk-Hansen	+47 95805244	Robert.selbekk-hansen@gausdal.kommune.no
Accommodation	Bente Laugen	+47 48074467	accommodation@worldcuplillehammer.no
Venue Manager	Tore Sørum	+47 97057324	tore.sorum@betonmast.no
Transportation	Lars Erik Sønsteli	+47 91638609	Lars.Erik.Sonsteli@boreal.no

2. ACCREDITATION

Accreditation for Teams & Officials will be handed out in the TCM at the Birkebeineren Hotel & Apartments, women and men.

3. ORGANISING COMMITTEE INFORMATION OFFICE - opening hours

Date	Location	Time
Friday 11 December	Birkebeineren Hotel	12:00 – 20:00
Saturday 12 December	Lysgaardsbakkene SJ Hill – (Outrun)	09:00 – 17:00
Sunday 13 December	Lysgaardsbakkene SJ Hill – (Outrun)	09:00 – 16:00

4. RACE OFFICE - opening hours

Date	Location	Time
Saturday 14 September	Lysgaardsbakkene SJ Hill (Outrun).	08:00 – 17:00
Sunday 15 September	Lysgaardsbakkene SJ Hill – (Outrun)	08:30 – 17:00

5. ACCOMMODATION

Apartments/Rooms for all Teams and Officials are reserved at the Birkebeineren Hotel & Apartments,

The Organising Committee will cover the accommodation expenses according to the FIS Continental Cup SJ Nations' Quota for the summer 2020. For booked room reservations not used, the organiser has the right to demand a cancellation fee from the National Ski Associations according to FIS rules.

For additional persons or additional nights (above the quota) the price per person per night with full board is **NOK 1500 / CHF 150 / Euro 120**

6. TRANSPORT

Official airport : Oslo Airport

Bus transfer of the Teams from Oslo Airport to Lillehammer and return will be organised by the Organising Committee upon request from the Teams.

Bus transport will be organised Friday 13 September from Oslo Airport to Lillehammer. Return transport will be organised on Sunday 15 September from Lillehammer to Oslo Airport.

TRANSPORT COST

Price per person for **Bus transport** organised of the OC from Oslo Airport to the hotel in Lillehammer and return is **NOK 750 / 75 Euro**

7. BIBS

Bibs for official training and the ski jumping competitions will be distributed one hour before the competition in the Race Office in the Ski Jumping Hill.

8. WAXING FACILITIES

You will find waxing cabins close to the Ski Jumping Hill - according to FIS rules.

Key pick up : In the elevator building in the Ski Jumping hill in the outrun. A deposit of Euro50 must be paid to receive the cabin key.

The wax cabins will be available from Friday 12/09 from 08:00–16:00.

9. COMPETITION RULES

The number of participants in the competitions for Continental Cup SJ must comply with official FIS competition rules and regulations.

10. DOPING CONTROL

Doping control may be carried out at any FIS competition according to FIS Anti-Doping Rules.

11. ECONOMY - INSURANCE

Financial conditions are according to the FIS Rules and regulations.

All competitors must be insured by their own National Ski Association and must have signed the Athletes Declaration.

The Organisers have coverage for their own third party liability only.

12. VISA REGULATIONS

Remember that citizens of some countries will need visa for visiting Norway. Please check with your embassy if you need a visa to enter into Norway. For an official letter of Invitation, please send a request to the OC: roar.olsen@olympiaparken.no

13. Covid 19

Norwegian governments have come with new regulations for international travelling based on the fast development of the Covid19 situation in Europe. The government now recommends no travelling in or out of Norway. Anyone arriving in Norway from abroad shall be in quarantine for 10 days, with the exception of specified countries in Europe with sufficiently low transmission (less than 150 of 100.000 persons over two weeks). The only exceptions based on a very strict testing system will be athletes competing in the World Cup in Lillehammer. Based on this system all relevant countries for the COC cup will be effected with the exceptions of Finland.

We have the last days been working with our government to try to find solutions for an exception for our sport, without success for COC level. This means that everybody entering Norway from a red country must complete 10 days of quarantine, before being able to ski/train in Norway. This rule is for the moment implemented until the beginning of December and we think this will also be the case for a longer period. For the participant in the FIS world cup in Lillehammer 4-6. December, we are working on a solution without quarantine.

Please send the enclosed entry form and the accommodation/transport form to:

Lillehammer Olympiapark AS - Att: Roar Olsen

E-mail: roar.olsen@olympiaparken.no