



Invitation

to

FIS Continental Cup Ski Jumping LILLEHAMMER, 14-15 September 2019

Dear Ski Friends!

We hereby invite all members of the International Ski Federation to participate in the FIS Continental Cup Ski Jumping in Lysgaardsbakkene Ski Jumping Hill, Lillehammer NOR.

Welcome to Lillehammer!

Kind regards,
Lillehammer Olympiapark AS / World Cup Nordic Skiing

A handwritten signature in black ink, appearing to read 'Roar Olsen'.

Roar Olsen
President Organising Committee

1. Competition Organisation, Technical Delegates, Judges

Kristian Brenden, Chief of Competition
Robert Selbekk-Hansen, Assistant Chief of Competition
Jani Hyvärinen, FIN – Technical Delegate
Alexander Diess, AUT– Assistant Technical Delegate

Horst Tielmann, FIS– COC Coordinator/Equipment Control –M-
Renata Nadarkiewicz COC Coordinator/Equipment Control –W-
Judges:

Juho Welling, FIN
Inge Eriksrød, NOR
Marit Gulbrandsen, NOR
Kjersti E Haugen, NOR
Kristine C Jarsve, NOR

2. Competition Program

Date	Format		
14 09 2019	FIS Continental Cup SJ men	HS 140	Lysgaardsbakkene SJ Hill
14 09 2019	FIS Continental Cup SJ women	HS 98	Lysgaardsbakkene SJ Hill
15 09 2019	FIS Continental Cup SJ men	HS 140	Lysgaardsbakkene SJ Hill
15 09 2019	FIS Continental Cup SJ women	HS 98	Lysgaardsbakkene SJ Hill

3. Event Program

Date	Team Captains' Meeting	Official Training / Trial round	FIS Continental Cup Competition	Other
Friday 13/09/2019	Birkebeineren Hotel Women and men 20 :00			Arrival of all Teams in Lillehammer
Saturday 14/09/2019		09 :30 Off Tr(1round)women 10 :30 Trial Round women 15 :00 Off Tr (1round)Men 16 :00 Trial Round men	11 :15 Continental cup women 17 :00 Continental Cup men	Prize giving & Flower Ceremony in the Ski Jumping Hill
Sunday 15/09/2019		08:30 Trial Round men 13:00 Trial Round women	09 :30 Continental Cup men 14 :00 Continental Cup women	Prize giving & Flower Ceremony in the Ski Jumping Hill

DEADLINE - ENTRY : 25 august 2019

1. Contacts

Office	Name	Telephone	Email
Chief of OC	Roar Olsen	+4791170733	Roar.olsen@olympiaparken.no

Assistant Chief of OC	Fanny Horn Birkeland	+47 95272729	fanny.birkeland@olympiaparken.no
Chief of Competition	Kristian Brenden	+47 41513879	kristiankvart@hotmail.com
Assistant Chief of Competition	Robert Selbekk-Hansen	+47 95805244	Robert.selbekk-hansen@gausdal.kommune.no
Venue Manager	Tore Sørum	+47 97057324	tore.sorum@betonmast.no
Transportation	Lars Erik Sønsteli	+47 91638609	Lars.Erik.Sonsteli@boreal.no

2. ACCREDITATION

Accreditation for Teams & Officials will be handed out in the TCM at the Birkebeineren Hotel & Apartments, women and men.

3. ORGANISING COMMITTEE INFORMATION OFFICE - opening hours

Date	Location	Time
Friday 13 September	Birkebeineren Hotel	10:00 - 19:00
Saturday 14 September	Lysgaardsbakkene SJ Hill - (Outrun)	09:00 - 18:00
Sunday 15 September	Lysgaardsbakkene SJ Hill - (Outrun)	07:30 - 15:00

4. RACE OFFICE - opening hours

Date	Location	Time
Saturday 14 September	Lysgaardsbakkene SJ Hill (Outrun).	09:00 - 18:00
Sunday 15 September	Lysgaardsbakkene SJ Hill - (Outrun)	07:30 - 15:00

5. ACCOMMODATION

Apartments/Rooms for all Teams and Officials are reserved at the Birkebeineren Hotel & Apartments, www.birkebeineren.no/en/about-us/useful-information

The Organising Committee will cover the accommodation expenses according to the FIS Continental Cup SJ Nations' Quota for the summer 2016. For booked room reservations not used, the organiser has the right to demand a cancellation fee from the National Ski Associations according to FIS rules.

For additional persons or additional nights (above the quota) the price per person per night with full board is **NOK 1000 / CHF 110 / Euro 100**

6. TRANSPORT

Official airport : Oslo Airport

Bus transfer of the Teams from Oslo Airport to Lillehammer and return will be organised by the Organising Committee upon request from the Teams.

Bus transport will be organised Friday 13 September from Oslo Airport to Lillehammer. Return transport will be organised on Sunday 15 September from Lillehammer to Oslo Airport.

TRANSPORT COST

Price per person for **Bus transport** organised of the OC from Oslo Airport to the hotel in Lillehammer and return is: **NOK 650 / 65 Euro**

If you wish to take the **train** to Lillehammer, the train station is located at the Oslo Airport (one stair down) and leaves for Lillehammer every hour. The duration time is approximately 1 hours 45 min. The cost one way is NOK 317.

7. BIBS

Bibs for official training and the ski jumping competitions will be distributed one hour before the competition in the Race Office in the Ski Jumping Hill.

8. WAXING FACILITIES

You will find waxing cabins close to the Ski Jumping Hill - according to FIS rules.

Key pick up : In the elevator building in the Ski Jumping hill in the outrun. A deposit of Euro50 must be paid to receive the cabin key.

The wax cabins will be available from Tuesday 12/09 from 08:00–16:00.

9. COMPETITION RULES

The number of participants in the competitions for Continental Cup SJ must comply with official FIS competition rules and regulations.

10. DOPING CONTROL

Doping control may be carried out at any FIS competition according to FIS Anti-Doping Rules.

11. ECONOMY - INSURANCE

Financial conditions are according to the FIS Rules and regulations.

All competitors must be insured by their own National Ski Association and must have signed the Athletes Declaration.

The Organisers have coverage for their own third party liability only.

12. VISA REGULATIONS

Remember that citizens of some countries will need visa for visiting Norway. Please check with your embassy if you need a visa to enter into Norway. For an official letter of Invitation, please send a request to the OC Secretariat: fanny.birkeland@olympiaparken.no

Please send the enclosed entry form and the accommodation/transport form to:

Lillehammer Olympiapark AS - Att: Fanny Horn Birkeland

E-mail: fanny.birkeland@olympiaparken.no