



COC-L and FC-M Competitions 2018 Tveitanbakken, Notodden, Norway 13. to 15. December 2018

Dear Ski Friends,

On behalf of Heddal IL, the International Ski Federation and the Norwegian Ski Federation, we are pleased to invite all National Ski Associations to participate in Continental Cup Ski Jumping for Ladies and FIS Cup for Men in Tveitanbakken, Notodden.

Jumping hill: Tveitanbakken, Heddal / Notodden HS 100m

Organizing Committee – Notodden

Inge Eriksrød	Chief of Notodden Organizing Committee
Håkon Hartvedt	Chief of Competition – Ladies and Men
Ståle Villumstad	Norwegian Ski Federation
Geir Olaf Oterholt	Secretary: Entries, Accommodation Transport

FIS, TD, TDA

- Renata Nadarkiewicz, FIS, Continental Cup Coordinator - Ladies
- Toni Guggemoos, FIS, FIS Cup Coordinator- Men
- Jani Hyvärinen, FIN, Technical Delegate COC Ladies and FIS Cup Men
- Hünefeld Mirko GER, Assistant Technical Delegate COC Ladies
- Erlen Lein, NOR, Assistant Technical Delegate FIS Cup Men

Judges

Nieminen Teppo(FIN)
Sebergsen Nikolai(NOR)
Hyldmo Rune(NOR)
Rønningen, Martin(NOR)
Bysveen Trond(NOR)

Race program 13. to 15. December 2018

Wednesday 12. December

Teams arrival

Thursday 13. December

16:00 Team Captains' Meeting COC L / FC M at Notodden Hotell

18:15 Official Training COC ladies (2 rounds)

20:00 Official Training MEN (2 rounds)

21:30 Distribution of start numbers on Tuvensenteret COC L

Friday 14. December

14:45 Trial Round FC Men

16:00 1st Competition Round FC Men

After 20 minutes Final Round

18.30 Trial Round COC Ladies

19:15 1st Competition Round COC Ladies

After 30 minutes Final Round

Prize giving ceremony immediately after each competition

Saturday 15. December

11:00 Trial Round COC Ladies

11:45 1st Competition Round COC Ladies

After 30 minutes Final Round

13:45 Trial Round FC Men

15:00 1st Competition Round FC Men

After 20 minutes Final Round

Prize giving ceremony immediately after competition

VENUE

Tveitanbakken Ski Jumping Hill in Notodden

<https://www.heddalhopp.no/hvor-ligger-tveitanbakken/>

INFORMATION OFFICE

The Information office is located in the Hill

Opening hours:

Wednesday 12 December 16:00 - 22:00

Thursday 13 December 11:30 - 22:00

Friday 14 December 12:00 – 21:00

Saturday 15 December 09:00 – 15:00

RACE OFFICE:

The race office is located in the Ski Jumping Hill.

BIBS:

Bibs for official training and the ski jumping competitions will be distributed one hour before the competition in the Race Office.

WAXING FACILITIES:

You will find waxing cabins close to the Ski Jumping Hill - according to FIS rules.

Entry Form:

Each Ski Association shall send its entry form by mail or fax to the organizing committee:

E-mail: geir.olaf@bluesfest.no

Use the Entry Form on FIS' website:

https://res.cloudinary.com/fis-production/raw/upload/v1536927543/fis-prod/assets/Entry_Form_Ski_Jumping.docx

Entry form without the FIS Code will not be accepted.

Closing time for entries:

Deadline for the entry is 4th of December. For entries arriving later than the deadline, the organizing committee cannot guarantee smooth travel and accommodation arrangements.

Restrictions:

The FIS rules will apply. The number of participants must comply with FIS rules and applications.

Insurance:

All competitors are to be insured by their own Ski Association and must have signed the Athletes Declaration. The Organizers have coverage for their own third party liability only. The Organizers will ask for Insurance documents and allow their right to keep the jumpers out of competition if they do not seem to be insured.

Team Captain' Meeting Room:

COC Ladies:

Notodden Hotell

FIS Men:

Notodden Hotell

Accommodation:

All booking according to COC Ladies will be arranged by the Organizing Committee. The ladies will stay at Notodden Hotell. Teams arrival Wednesday 12 dec. 2018. Details with name, phone number, addresses etc. will be found on our website www.heddalhopp.no

FIS jumpers Men must book their own accommodation and arrange their transportation. See www.heddalhopp.no for hotel.

Participation Right:

FIS COCJ rules for ladies 2018 – 2019.

Doping control:

Doping control during the event may be carried out by our national antidoping organization. According to regulations, all participants shall be under an obligation to submit themselves to doping control.

Payment of expenses:

The organizer will cover the costs for COC Ladies competitors and the foreign TD and judges according to the FIS COCJ rule 6.1.
(The quota is 4 competitors and 1 coach)

Transportation for COC Ladies:

Train transfer from Oslo Airport Gardermoen to Kongsberg, and bus from Kongsberg to Notodden. Return with bus to Kongsberg, and Train to Oslo Airport Gardermoen. Bus will be provided by the Organizing Committee.

Regarding transportation from the hotel to the jumping arena, the delegates will be informed at the hotel on Thursday and Friday evening. This is for COC Ladies.

Expences:

Financial conditions are according to the FIS Cup regulations. COC Ladies participants are free. OC will cover the expenses.

Cancellation:

The decision concerning cancellation will be taken according to FIS rules. You can read about the decision on our website; www.heddalhopp.no

WELCOME TO HEDDAL, NOTODDEN.

Organizing committee FIS COC and FIS Cup Heddal Idrettslag,hopp 2018.