



CONTINENTAL CUP

Nordic Combined

INVITATION

12.-14.1.2018 Ruka, Kuusamo, Finland

We cordially invite all member associations of the FIS to participate in FIS CONTINENTAL CUP On 12.-14.1.2018 in Kuusamo. The competitions will be held in compliance with FIS Competition Rules (ICR). The format is Individual Gundersen HS142/10km.

PROGRAMME

Wednesday 10.1.2018

Arrival of teams

Thursday 11.1.2018

12:00 Official Cross Country training
16:00 Teams captains' meeting, Nordic Combined
17:00 Official training (2 rounds), Nordic Combined HS 142
18:30 Provisional competition round

Friday 12.1.2018

15:00 Trial round HS 142, Nordic Combined
16:00 Nordic Combined, Ski Jumping HS 142
19:00 Nordic Combined, Gundersen 10 km (4x2,5 km)
Prize giving ceremonies, Nordic Combined

Saturday 13.1.2018

10:00 Individual Mass Start 10km (4x2,5km)
13:00 Nordic Combined, Ski Jumping HS 142
Prize giving ceremonies, Nordic Combined

Sunday 14.1.2017

09:00 Trial round HS 142, Nordic Combined
09:45 Nordic Combined, Ski Jumping HS 142
13:30 Nordic Combined, Gundersen 10 km (4x2,5 km)
Prize giving ceremonies, Nordic Combined

Address

FIS Continental Cup, Kuusamon Erä-Veikot, Vanttajantie 6 B, FI-93600 KUUSAMO, FINLAND
Email: kev@rukanordic.com

Contents

Each Ski Association shall send its entry on the enclosed entry form to Organizing Committee.

Entry

Preliminary national entries must send to the organizer not later than 26th December 2017 and Final entry by using FIS entry form not later than 4th January 2018. Email kev@rukanordic.com. **Please, notice that accommodation should be booked until 13th December 2017.**

Restrictions

FIS rules will apply. The number of participants must comply with Continental Cup rules and regulations.

Accommodation:

Accommodation is arranged in Rukahovi apartments, which are situated in Ruka center area and 600 m from the Stadium.

Teams:**Price per person (over quota) per day in shared apartment incl. full board**

-Apartments **from** 100 €/person/night in 4 persons' apartment and **from** 110 €/person/night in 3 persons' apartment (minimum number of persons per apartment occurs)

Fis staff, Ewoxx:

-Hotel Cumulus Resort Rukahovi

Accommodation reservations and further information:

Lomarengas, Mia Oinas, e-mail: rukanordic@lomarengas.fi, tel. +358 306 502 535

Reservations should be made until 13th December. After that we can't guarantee accommodation.

Lomarengas will offer you suitable accommodation according to your team size.

Transportation from Kuusamo Airport to hotel and ski stadium will be arranged by organizer at a rate 10€ per person single way. The teams have to send the exact arrival times; flight numbers and number of arriving people latest 4th January 2017.

Reservations to Seppo Linjakumpu, Email: seppo.linjakumpu@rukanordic.com tel. +358 400 706 433

Venues are at Ruka ski stadium using jumping Ruka HS142 and cross country 4x2,5 km.

Waxing facilities are at Cross Country service building at Ruka stadium. For additional questions, please contact Seppo Linjakumpu, email seppo.linjakumpu@rukanordic.com, phone +358 400 706433.

The race office is situated at Ruka stadium building.

Bibs for competitions will be distributed one hour before the competition in race office.

Prize money will be given to 6 best athletes. The prize money will be paid by electronically.

Prize giving ceremonies will take place at Ruka ski stadium straight after competition.

Information:

Seppo Linjakumpu, General Secretary, tel. +358 8 8181 123, mobile +358 400 706433.

Email: seppo.linjakumpu@rukanordic.com

Officials

General Secretary Seppo Linjakumpu

OC Chairman Tuomo Hänninen

FIS COC Coordinator Toni Guggemoos

TD Sween Arne Olav NOR

TD ass. Frak Vladimir SVK

Chief of competition Pirjo Karjalainen

Judges Jorn Larsen NOR

 Pekka Hyvärinen FIN

 Janne Karjalainen FIN

 Tom Nyman FIN

 Jani Hyvärinen FIN

All information you will find at Kuusamon Erä-Veikot ry www.kev.fi

Welcome to Kuusamo

KUUSAMON ERÄ-VEIKOT- KUUSAMO

ORGANIZING COMMITTEE

FINNISH SKI ASSOCIATION