



On behalf of the International Ski Federation and Estonian Ski Association, we invite all member Associations of the International Ski Federation (FIS) to participate in the

CONTINENTAL CUP IN NORDIC COMBINED

January 20-22th, 2017 in Otepää, Estonia

Organiser: Estonian Ski Association

Place: Nordic Combined jumping on HS100 Jumping Hill of Tehvandi Sport Centre (Otepää)
Nordic Combined ski tracks at Tehvandi Sport Centre

Rules: FIS International Competition Rules Nordic Combined (ICR) and FIS Continental Cup Rules Nordic Combined

Closing date for entries:

Preliminary entry with number of athletes and officials – latest **January 6th**
Official entry with names – latest **January 13th**

Entries and accommodation:

Estonian Ski Association
Lõõtsa 8, 11415
Tallinn, Estonia
Ph. +372-603 1516
Fax: +372-603 1518
info@suusaliit.ee

Accommodation:

Tehvandi Sport Center Hotel and Tehvandi Holiday Home:
Located in Otepää next to the ski tracks.

Tehvandi Sport Center Hotel
www.tehvandi.ee
Nüpli village, 67408
Otepää parish, Valgamaa

Teams:

Price per person (over quota) per day in twin room/shared apartment incl. full board

- Triple rooms 75 €/person/night
- Twin rooms 85 €/person/night
- Single rooms 100€/person/night



Payments for accommodation have to be paid in cash or by credit card at the race office latest on January 20st. NB! There is a possibility to use credit cards for payments.

Restrictions:

The number of participants in the competitions must comply with official COC rules and regulations.

Responsibility:

All competitors are to be insured by their own Ski Association and must have signed the Athletes Declaration. The Organisers have coverage for their own third party liability only.

Transportation:

Organisers can organise transportation to and from airport/port (Tallinn, and Riga) bus for 19/49 people, bus cost 600/900€. Tartu airport bus for 19 people, bus cost 300€. Please notify about your needs of transportation with first preliminary entry.

No transportation to and from the tracks/jumping hill necessary

Doping Control:

Doping control during the event may be carried out by our national anti doping organisation, EAD. According to the EAD regulation, all participants shall be under an obligation to submit themselves to doping control.

Officials:

OC Chairman:	Jaak Mae	(EST)
Chief of Comp.:	Suzanne Tahk	(EST)
FIS TD:	Sergey Zhukov	(RUS)
FIS TD-assistant:	Jorn Olav Bekkelund	(NOR)
FIS Coordinator:	Toni Guggemoos	(GER)

Judges:

Tapio Kallio	(FIN)
Pekka Hyvärinen	(FIN)
Grigoriy Zakharov	(RUS)
Vahur Tasane	(EST)
Ago Markvardt	(EST)



PROGRAM:

Thursday, January 19th, 2017

14:00-22:00 Arrival of teams

Friday, January 20th, 2017

9:00-20:00 Race Office Open at Tehvandi Sport Center Stadium House 2nd floor (registration of competitors, info)

9:00 *Team Captains Meeting* at Tehvandi Sport Center Stadium House 2nd floor

10:00-12:00 Official Training Cross Country in Tehvandi ski stadium

17:00 Official Training/ PCR Ski jumping at Tehvandi HS100

Saturday, January 21th, 2017

8:30-19:00 Race Office open at Tehvandi Sport Center Stadium House 2nd floor

10:00 Nordic Combined trial round at Tehvandi HS100

11:00 Nordic Combined ski jumping competition at Tehvandi HS100

14:00 NC Cross Country 10 km distance (4x2,5 km) Gundersen in Tehvandi ski stadium

14:45 Prize giving ceremony on ski stadium

15:00 Press conference in Tehvandi Sport Center stadium House 2nd floor

19:00 Estonian Ski Association banquet for team leaders and organisers in Pühajärve SPA Hotel

Sunday, January 22nd, 2017

8:30-14:30 Race office open at Tehvandi Sport Center Stadium House 2nd floor

9:00 Nordic Combined trial round at Tehvandi HS100

10:00 Nordic Combined ski jumping competition at Tehvandi HS100

13:00 NC Cross Country 10 km distance (4x2,5 km) Gundersen in Tehvandi ski stadium

13:45 Prize giving ceremony on ski stadium

14.00 Press conference in Tehvandi Sport Center stadium House 2nd floor