

On behalf of the International Ski Federation, Norwegian Ski Federation and Hoydalsmo Ski Club , we invite all member Associations of the International Ski Federation (FIS) to participate in the

COC NORDIC COMBINED

in Hoydalsmo, Telemark, Norway

08. – 10. January 2016

The events will take place in Telemark Ski Jumping Arena (Huka) (HS94) and at Hoydalsmo Ski Stadium in Hoydalsmo in Telemark.
The accommodation will be at [Quality Straand Hotel](#) in Vraadal.

RACE PROGRAM - COC NORDIC COMBINED

Thursday	07 Jan	21.00	Team Captains' meeting – Quality Straand Hotel in Vraadal
Friday	08 Jan	08.00	Breakfast – Quality Straand Hotel
		12.00	Official training ski jumping 2 rounds / PCR - (HS94)
		13.00 – 15.00	Lunch – Cross country arena
		14.00 - 17.00	Training Cross Country
		18.00 – 21.00	Dinner - Quality Straand Hotel
Saturday	09 Jan	07.00	Breakfast – Quality Straand Hotel
		10.00	Trial round - (HS94)
		11.00	1st round - (HS94)
		1130 – 14.00	Lunch – Cross country arena
		14.00	Cross Country
		14.45	Prize giving ceremony
18.00 – 21.00	Dinner - Quality Straand Hotel		
Sunday	10 Jan	06.00	Breakfast – Quality Straand Hotel
		09.00	Trial round - (HS94)
		10.00	1st round - (HS94)
		10.30 – 13.00	Lunch - Cross country arena
		13.00	Cross Country
		13.45	Prize giving ceremony
		16.00	Dinner - Quality Straand Hotel

RESTRICTIONS

The number of participants in the competitions must comply with official WC rules and regulations.

RESPONSIBILITY

All competitors are to be insured by their own Ski Association and must have signed the Athletes Declaration. The Organisers have coverage for their own third party liability only.

DOPING CONTROL

Doping control during the event may be carried out by our national antidoping organisation, NIF. According to the NIF regulation, all participants shall be under an obligation to submit themselves to doping control.

ECONOMY

FIS rules apply.

ACCOMMODATION

Reservations are made for all the teams at [Quality Straand Hotel in Vraadal](#) about 45 km. from Hoydalsmo skistadium. The distance from Oslo Airport Gardermoen is about 230 km. Accommodation costs has to be paid at the team captains' meeting at Quality Straand Hotel

TRANSPORTATION

Internal transportation, if needed, will be organised by the Organising committee. Please inform us at the enclosed accommondation and transporttionform.

RACE OFFICE

Will be situated at Hoydalsmo ski stadium and Telemark Ski Jumping Arena (Huka)

ENTRIES

Please send the entry form to Thor Arne Heggveit (Competitions officer)

E-mail: post@hoydalsmo.no Mobile: +47 913 94 158 Fax no.: +47 35 07 57 01

Entries within 02.01.2015

Chief of Competition: Jarle Solbu (NOR)
Chief of course: Sverre Bakke (NOR)
FIS TD: Jyri Pelkonen (FIN)
FIS TD-assistant: Marit Nybelius (SWE)
FIS Coordinator: Toni Guggemoos (GER)

For more information, please contact:

Hoydalsmo ski club
Siv Reidun Einebaerholm
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E-mail: coc-nc@hotmail.no Internet: www.hoydalsmo.no

Best regards
Hoydalsmo Ski Club – COC Nordic Combined

Svein Bakkan
(Chairman of the Organizing Committee)