



## **COC-L and FC-M Competitions 2014**

### **Tveitanbakken, Notodden, Norway**

### **11. to 13. December 2014**

*Dear Ski Friends,*

*On behalf of Heddal IL, the International Ski Federation and the Norwegian Ski Association, we are pleased to invite all National Ski Associations to participate in Continental Cup Ski Jumping for Ladies and FIS Cup for men in Tveitanbakken, Notodden.*

**Jumping hill:** Tveitanbakken, Heddal/ Notodden HS 98m

#### **Organising Committee – Notodden**

Inge Eriksrød	Chief of Notodden Organising Committee
Håkon Hartvedt	Chief of Competition – Ladies and Men
Øistein Lunde	Norwegian Ski Association
Kim Bjørndalen/ Inge Eriksrød	Chief of Press
Geir Olaf Oterholt	Secretary: Entries, Accommodation, Transport

#### **FIS, TD, TDA**

Renata Nadarkiewicz, POL	Continental Cup Coordinator - Ladies
Ueli Forrer, SUI	FIS Cup Coordinator- Men
	Equipment controller
Pekka Hyvarinen, FIN	Technical Delegate
Robert Selbekk-Hansen, NOR	Assistant Technical Delegate COC ladies and FIS Cup men

#### **Judges**

Per Busk, SWE  
Dag Frode Aas, NOR  
Mark Levasseur, USA  
Martin Rønningen, NOR  
Sigbjørn Normann, NOR

**Chief of Measuring:** David Sjøen, NOR

# Race programme 10– 13 December 2014

## Wednesday 10 December

Team`s arrival

17:30 Team Captains' Meeting **FC MEN at Norlandia Hotel**

20:00 Official Training MEN (2 rounds)

## Thursday 11 December

14:30 Team Captains Meeting **COC Ladies at Norlandia Hotel**

20:15 Official Training COC ladies (2 rounds)

17.00 Trial Round FC Men

17.45 1st Competition Round FC Men

After 20 minutes Final Round

Prize giving ceremony immediately after competition

## Friday 12 December

15.00 Trial Round FC Men

15.45 1st Competition Round FC Men

After 20 minutes Final Round

18.00 Trial Round COC Ladies

18.45 1st Competition Round COC Ladies

After 20 minutes Final Round

Prize giving ceremony immediately after each competition

## Saturday 13 December

12.00 Trial Round COC Ladies

12.45 1st Competition Round COC Ladies

After 20 minutes Final Round

Prize giving ceremony immediately after competition

**VENUE**

Tveitanbakken Ski Jumping Hill in Notodden

**INFORMATION OFFICE**

The Information office is located in the Hill

**Opening hours:**

Wednesday 10 December 16:00 - 22:00  
Thursday 11 December 11:30 - 22:00  
Friday 12 December 12:00 – 21:00  
Saturday 13 December 09:00 – 15:00

**RACE OFFICE:**

The race office is located next to the ski lift in the Ski Jumping Hill.

**BIBS:**

Bibs for official training and the ski jumping competitions will be distributed one hour before the competition in the Race Office.

**WAXING FACILITIES:**

You will find waxing cabins close to the Ski Jumping Hill - according to FIS rules.

**Entry Form:**

Each Ski Association shall send its entry form by mail or fax to the organizing committee:

E-mail: [geir.olaf@bluesfest.no](mailto:geir.olaf@bluesfest.no)

**Use the Entry Form on FIS' website:**

<http://www.fis-ski.com/uk/disciplines/ski-jumping-rules/ski-jumping-rules/forms.html>

Entry form without the FIS Code will not be accepted.

**Closing time for entries:**

Deadline for the entry is 24.nov. For entries arriving later than the deadline, the organizing committee can not guarantee smooth travel and accommodation arrangements.

**Restrictions:**

The FIS rules will apply. The number of participants must comply with FIS rules and applications.

**Insurance:**

All competitors are to be insured by their own Ski Association and must have signed the Athletes Declaration. The Organizers have coverage for their own third party liability only. The Organizers will ask for Insurance documents and allow their right to keep the jumpers out of competition if they do not seem to be insured.

**Team Captain' Meeting Room:**

In Norlandia Hotel, Torvet 8, 3674 Notodden

**Accommodation:**

All booking according to COC ladies will be arranged by the Organizing Committee. The ladies will stay at Norlandia Telemark Hotel in Notodden.

Details with name, phone number, addresses etc. will be found on our website

[www.hoppski.no](http://www.hoppski.no).

FIS jumpers men must book their own accommodation and arrange their transportation. We suggest the following hotels:

Norlandia Hotel, Torvet 8, 3674 Notodden

Brattrein Hotel, Brattreinsgate 9, 3683 Notodden

**Participation Right:**

FIS COCJ rules for ladies 2014 – 2015.

**Doping control:**

Doping control during the event may be carried out by our national antidoping organization.

According to regulations, all participants shall be under an obligation to submit themselves to doping control.

**Payment of expenses:**

The organizer will cover the costs for COC ladies competitors and the foreign

TD and judges according to the FIS COCJ rule 6.1.

(The quota is 4 competitors and 1 coach)

**Transportation for COC ladies:**

Bus transfer from Oslo Airport Gardermoen to Notodden and return will be provided by the Organizing Committee.

As regards transportation from the hotel to the jumping arena, the delegates will be informed at the hotel on Wednesday and Thursday evening. This is for COC ladies and FIS cup men.

**Expences:**

Financial conditions are according to the FIS Cup regulations.

COC Ladies participants are free. OC will cover the expences.

**Cancellation:**

The decision concerning cancellation will be taken according FIS rules. You can read about the decision on our website; [www.hoppski.no](http://www.hoppski.no)

WELCOME TO HEDDAL, NOTODDEN.

Organizing committee FIS COC and FIS Cup Heddal Idrettslag, hopp 2014.